Students Report Less Alcohol and Other Drug Use than they Perceive: Results from the National College Health Assessment, Spring 2013

As shown in the graph above, students report significantly less substance use than perceived by their classmates.

The Alcohol and Other Drug Education Center will use the results of the NCHA survey to correct misperceptions and engage students in reframing social norms.

- The National College Health Assessment (NCHA) is a nationally recognized research survey used to collect detailed data on students’ health habits, behaviors and perceptions.

- The NCHA has been conducted at La Salle in 2008, 2011 and 2013.

- In 2013 La Salle students reported the following abstention rates:
  - 21% have never used alcohol.
  - 69% have never used cigarettes.
  - 57% have never used marijuana.
  - 70% have never used other drugs.